



**NOTE:**

Unfortunately, the event clashes with the Goostrey Rose Fair and Procession with the main road through the village, which we normally use to access the start, being closed to through traffic for a period of time.

Therefore, riders will have to ride along part of the course (Twemlow Lane and the A535 to Bomish Lane) to get to the start. Please allow sufficient time (at least 20 minutes) and be aware that there will be riders on this part of the course both competing and riding to the start, the start is approx. 7 miles from the HQ.

There have been a number of recent cases of inconsiderate riding reported. When riding to the start or having finished an event, you should be aware that others may still be racing. Common sense should apply here but as examples:

1. Please keep to the left and don't require overtaking riders to be in the middle of the road to overtake.
2. Please don't ride two abreast going to the start or after finishing and whilst still on the course as again this causes overtaking riders to be in the middle of the road.
3. Please take care when existing a junction onto the course in case riders are passing.

These are really issues of common sense and courtesy but are required to keep our events as safe as possible and minimising inconvenience to other road users. Ultimately, we must remember that we are competing on open roads, and it wouldn't take much for that ability to be taken away.

Please be courteous to your fellow competitors and other road users!

<b>Notes</b>	Signing-on sheet and issue/return of race numbers, refreshments, CAKES, & finish times will be at the Event HQ.  RACE NUMBERS: Available at HQ. You must sign on when collecting your number and sign out when returning your number. Failure to do so will result in you being classified as DNF.
<b>PARKING</b>	Local regulation 4. No parking at the start or finish. Vehicles must not be parked, however briefly, in any part of the access area to Mount Pleasant Nursing Home, opposite the finish. Riders must not stop at the finish but should continue on to the event headquarters where times will be displayed.
<b>CARE AT ROAD JUNCTIONS</b>	Local regulation 3: Riders must exercise care at all road junctions. Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action. A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as a contravention of regulation 47(i), (iii), (v).  Local regulation 6. Riders must take extra care when exiting from Seven Sisters Lane onto the A50.
<b>CARE AT CHELFORD ISLAND</b>	Local regulation 5. <b>Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg. 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders MUST NOT USE their tri-bars between the first bollard they pass on entering the island and the last bollard they pass leaving it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.</b> Remember - traffic on the island has priority over traffic (including riders) entering it.
<b>CARE IN TWEMLOW LANE</b>	Local regulation 7. Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner. In wet weather, the metal covers and edges become a skid risk. Please take care.

<b>OBSERVERS</b>	<b>Will be present around the course and will report competitors whose riding is considered to be in breach of the Regulations.</b>  Riders must not perform U-turns in the vicinity of the start or finish of the event. Riders observed performing U-turns will be disqualified and reported to the District Committee who will consider disciplinary proceedings.
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**Helmets**

CTT Reg 15 All competitors MUST wear a properly affixed helmet of hard/soft shell construction that meets international standards.

**Front and Rear Lights**

CTT Reg 14(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

CTT Reg 14(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

**No helmet, no lights = no ride.**

No	Name		Club	Category	Vet Age Adjustment	Start time
49	Benedict	Elliott	Velo Club St Raphael	Tandem	00:01:45	14:50
50	Tim	Caldwell	Weaver Valley CC		00:01:15	

59	Vic	Trigger	Crewe Clarion Wheelers	V70	00:18:20	14:59
60	Austin	Foy	North Lancashire Road Club	V40	00:00:55	15:00
61	Phil	Robinson	Janus Road Club	V50	00:02:52	
62	Philip	Dowson-Smith	Royal Navy & Royal Marines CA	Senior		
63	Liam	Kwan	Stretford Wheelers CC	V40	00:01:43	
64	Kevin	Davies	Weaver Valley CC	V50 (road bike)	00:02:23	
65	Paul	Birkin	Buxton CC/Sett Valley Cycles	V60	00:04:51	15:05
66	Jacob	Showlin	trainSharp	Senior		
67	Andy	Whitehead	Seamons CC	V60	00:04:32	
68	Jon	Batt	Buxton CC/Sett Valley Cycles	V60	00:04:32	
69	John	Verbickas	Seamons CC	V70	00:12:20	
70	Michael	Summers	Team Wheelguru	V40	00:01:43	15:10
71	Lloyd	Smith	Weaver Valley CC	Senior		
72	Stephen	Sladin	Congleton CC - MyWindsock	V50	00:03:23	
73	Stuart	Ward	Weaver Valley CC	V50	00:03:39	
74	Robert	Schooling	Total Tri Training	V50	00:03:07	
75	Mike	Walker	Congleton CC - MyWindsock	V40	00:00:44	15:15
76	Craig	Lee	Weaver Valley CC	V50	00:02:10	
77	Chris	Wilcox	Lyme Racing Club	V60	00:04:32	
78	Peter	Jackson	Macclesfield Wheelers	V60	00:06:38	
79	Shayne	Wilson	Team Wheelguru	V50		
80	Martin	Wiggan	Seamons CC	V50		15:20
81	Stephen	I'Anson	Buxton CC/Sett Valley Cycles	V60		
82	Richard	Marshall	Team Wheelguru	V40		
83	Alexander	Mollart	Congleton CC - MyWindsock	V50		
84	Richard	Howard	LVC Racing	V40		
85	Alex	Critcher	Team Wheelguru	V40		15:25
86	Tony	Clarke	Total Tri Training	V50		
87	Paul	Robinson	Stone Wheelers CC	V50		
88	Kelvin	Milward	Congleton CC - MyWindsock	V60		
89	Chris	Loxley	North Cheshire Clarion	V50 (road bike)		
90	Nick	Rose	Total Tri Training	V50		15:30
91	Chris	Lea	Buxton CC/Sett Valley Cycles	V60		
92	Lewis	Eccleston	Manchester Triathlon Club	Senior		
93	Daryl	May	Sheffrec CC	V40		
94	Louis	Thomas-Messenger	Macclesfield Wheelers	Senior		
95	Andrew	Stokes	Buxton CC/Sett Valley Cycles	V50		15:35
96	Andy	Wright	Total Tri Training	Senior		
97	Adrian	Hughes	Seamons CC	V50		
98	Tony	Cullen	TricentralUk	V40		
99	Mat	Ivings	Buxton CC/Sett Valley Cycles	V50		
100	Alexander	Royle	Manchester Bicycle Club	Senior		15:40